

Self-Discovery Workbook







your God-given purpose.

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Something's Missing





Something's Missing

Meaning in life comes from participating in God's purposes. —Dr. Larry Crabb

Begin each day of study with prayer:

"Lord, help me become the woman You created me to be and discover my unique contribution to Your kingdom on earth. Show me insights about myself and about You that I've not seen before. Remove any distractions from my mind and environment so that I will be able to enter Your presence and hear Your voice clearly. Lord, I just want to be Yours and to live my life Your way. In Jesus' Name. Amen."

You matter. You are here on Planet Earth for a reason, placed here by a Creator who has designs on your life. There is something you are meant to do *in* the world, *for* the world. Something you are meant to give others. You were created for a purpose by a purposeful, orderly God. When He planned a world that was both beautiful and efficient, He filled it with human beings and decided to include you. Why?

The Creator planned that every person would play a part and help the Universe work as it should. To some He gave what humans consider big jobs. To others, simple assignments. But to Him, every task was immensely important for the working of the whole. Each person, each tiny baby He fashioned, had—has—an important purpose to fulfill You were created to do something to make the world a better place. You were created for a purpose.

If this resonates with you, perhaps it is because your Creator embedded in your very DNA the notion that you're here to make a difference. Try as you might, you simply cannot shake the dream-like longing you have for just that—a role to play that is significant. At times you tell yourself to give it up, adjust your attitude and just be content. But you can't do it. Deep within, you know there is more to life than *this*. You realize there's a reason you are here. Your existence is not random. You matter.



You were created for a purpose by a purposeful, orderly God.

Resonate: \rə-ze-nāt\

\rə-ze-nāt\ verb. to relate harmoniously; to strike a chord.

DOT #3 GOD SPEAKS (AGE 26)

During this time of confusion, I awoke one morning feeling desperate. I cried out to God, "What is wrong with me? Why am I so clueless?" Much to my surprise, Someone answered.

"Nothing's wrong with you, Linda," the Voice said. "I made you. I love you."

Just that simple. No, it wasn't an audible voice, but it was crystal clear just the same. I came away from that encounter with a big fat exclamation point instead of a question mark:

"It's all about God! The point of life is God!"

My life began to change. I bought a Bible and started going to church for the first time in more than a decade. In my newfound church home, one that friends heartily described as "on fire for Jesus," I learned about the Creator of all life and about my personal Savior, Jesus Christ.

For the next two weeks, I asked Jesus to save me at least a dozen times until someone there convinced me that once was enough, *if* I was sincere, and I was! I had direction—at last! I had found the Target around which I would focus my life. **Life is not about me**; it's about God!

As I began to grow spiritually, my family expanded and parenthood quickly took center stage in my life. To be sure, mothering consumed every waking moment for years to come, and even some of those moments meant for sleeping.

My quest for answers to big questions subsided as I focused on our four fabulous children, gifts from God who gave new meaning to life. Still, I found time to study God's Word, pray and become involved in various leadership roles in my church. This was a very satisfying season of life!

As I reflect on the "dark night of my soul" that I experienced before having kids, I now realize that my search to know who I was and to find meaning in life was common among other women of that era. Is it really any different for today's twenty-somethings who are searching for answers?

"It's all about God! The point of life is God!" Underline each verb (action word) in the verse above. What do those words mean for you and me, right here, today? As an image-bearer of God, how are you to "rule over" creation? How are you to be "fruitful and multiply," to "fill" and "subdue" creation? Who are you, and what role are you to play?

This course is designed to help you answer these critical questions:

- Who am I, and how has God designed me to be used by Him?
- What exactly does He want me to do?

The first speaks to your identity, and the second deals with your job description, or the role you were created to play in the world.

As you have read (or will read), there was a time when I desperately needed to hear from God on precisely these two issues. Just as He spoke into the lives of the first man and woman in a very personal way, He spoke into my own.

God wants to speak to you, as well. As you begin this journey, listen to Him. Open your heart and mind to His voice and call on your life. My hope and prayer is that through this study you will find answers about these two very important aspects of your life: your identity and your Godgiven job description. Believe me, it will delight both you and God when you do.

SELF-DISCOVERY

Do you want to know who you are and how you were created by God to become a vital piece of the kingdom puzzle He's assembling? God wants you to know maybe even more than you want to know yourself! He has so much more in store for you than you ever dreamed possible. He has planned a divine connection, where your life converges with His grand purposes on Planet Earth. He has already envisioned it. *Embracing Purpose* is about that divine connection.

God's Purposes + Your Strengths = Divine Connection

God wants you to discover the divine connection that He has planned for you. His goal isn't to keep it hidden from you. Press into God, and He will direct your path. Then you can prepare to live your life to the fullest!

Open your heart and mind to His voice and call on your life.

Vital:
/vītl/adj.
essential; indespensable;
very important.

As we begin this journey of self-discovery together, let's look first at a prayer that Paul prayed for the Christ-followers of his day. (Note: Scripture references are taken from the New American Standard Version unless otherwise noted; other translations may differ slightly.)

¹⁷[I pray] that the God of our Lord Jesus Christ, the Father of glory, may give to you a spirit of wisdom and of revelation in the knowledge of Him. ¹⁸I pray that the eyes of your heart may be enlightened, so that you will know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, ¹⁹and what is the surpassing greatness of His power toward us who believe (Ephesians 1:17-19).

My prayer for you echoes that of Paul's in this passage. I pray that you would:

- · Know Christ.
- Know who you are in Christ.
- Know what you have in Christ: a calling, riches and great power.
- 1 Read 1 Corinthians 11:26-32.

²⁶For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes. ²⁷Therefore whoever eats the bread or drinks the cup of the Lord in an unworthy manner, shall be guilty of the body and the blood of the Lord. ²⁸But a man must examine himself, and in so doing he is to eat of the bread and drink of the cup. ²⁹For he who eats and drinks, eats and drinks judgment to himself if he does not judge the body rightly. ³⁰For this reason many among you are weak and sick, and a number sleep. ³¹But if we judged ourselves rightly, we should not be judged. ³²But when we are judged, we are disciplined by the Lord so that we will not be condemned along with the world.

What are we told to do in this passage before participating in the Lord's Supper (or Communion)? (Write answer(s) below or in the margin.)

2 Read Psalm 51:6. According to this verse, what does God desire? What do you think it means?

Behold, You desire truth in the innermost being,

And in the hidden part You will make me know wisdom.

I pray that you would know what you have in Christ: a calling, riches and great power.

Behold, You desire truth in the innermost being, And in the hidden part You will make me know wisdom.
Psalm 51:6

⁸O Lord, I love the habitation of Your house And the place where Your glory dwells. ⁹Do not take my soul away along with sinners, Nor my life with men of bloodshed, ¹⁰In whose hands is a wicked scheme,

And the series of the first series of the firs

And whose right hand is full of bribes.

And declare all Your wonders.

¹¹But as for me, I shall walk in my integrity;

Redeem me, and be gracious to me.

¹²My foot stands on a level place;

In the congregations I shall bless the Lord.

Here, King David models self-examination. In the first verse he talks with God about his personal integrity and enumerates specifics about both his heart and his behavior. In verse 2 he asks God to examine, try and test his mind and heart. In the remaining verses we see David doing just that: examining his own life and telling God what he's found. Fill in the blanks below.

Verse 3: Your lovingkindness is before me. I walk in Your

Verse 4: I don't associate with

Verse 5: I stay away from

Verse 6: I wash my hands in

Verse 8: I love

Verse 11: I shall walk in

This psalm, as well as many others, illustrates the process the writer must have undertaken to bare his soul before God. He clearly had to explore self in light of scripture. The Greek philosopher Plato said, "The unexamined life is not worth living." Without honest self-examination, one

"The unexamined life is not worth living." —Plato Self-study to gain self-awareness is necessary in order to apply God's word so that we might become conformed to the image of Jesus Christ.

Embolden: /embōldən/ verb. to foster boldness or courage in; encourage. that invites the scrutiny of the Holy Spirit, we cannot know where, how or when we fall short of God's glory (Romans 3:23). We cannot confess sin and be cleansed (1 John 1:8-10). We cannot walk in a manner worthy of the Lord (Colossians 1:10) as new creatures (2 Corinthians 5:17), putting off the old nature and living by the Spirit (Galatians 5).

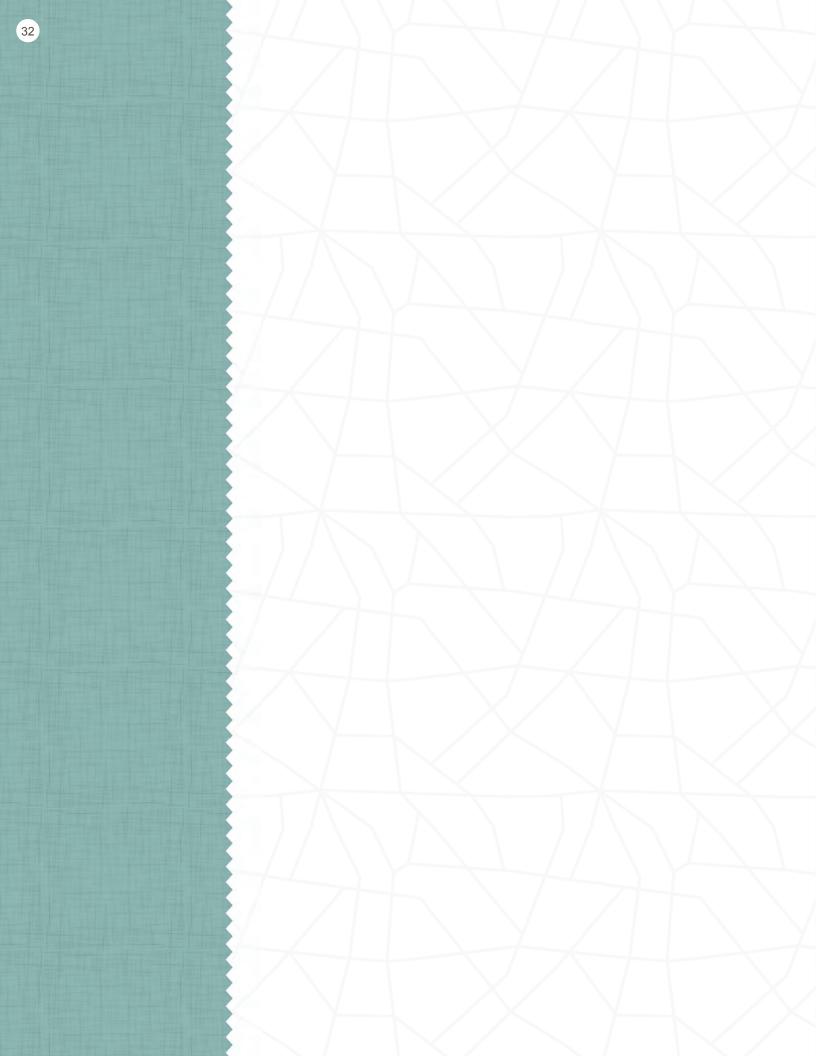
Some believers shy away from the word "self," but the fact is, self-study to gain self-awareness is necessary in order to apply God's Word so that we might become conformed to the image of Jesus Christ. Our destiny is to be like Jesus (Romans 8:29).

6 Do you ever wonder: Why did I say or do that? Why am I getting anxious in this situation? What's really bothering me? Is what he or she said about me true? These questions are introspective, indicating healthy curiosity about your internal world. Certain personalities are more prone to introspection than others. Are you introspective by nature? Explain.

My prayer for you is that you will not only come to know your heavenly Father intimately, but that you will also truly come to know yourself. For the duration of the study, put yourself at the top of your priority list. The goal is not to become self-absorbed but self-aware in order to discover how to partner with God in accomplishing His will on earth. With the knowledge and insights you obtain, I believe you will be emboldened with personal confidence and courage to become your truest self, to reach your full potential and to be used by God.

YOUR FAMILY STORIES

Bob Buford begins his book *Halftime* with this insightful statement: "I have not always paid attention to my life." It sounds like a bizarre comment, but I get it. Throughout this course, we will be paying attention to all aspects of our lives and engaging in self-discovery. Why? Our past, present and the future we hope for hold valuable clues about our unique design. If we will reflect on our stories and share what we find with others, we will deepen our self-awareness.



LESSON ONE VIDEO MESSAGE NOTES

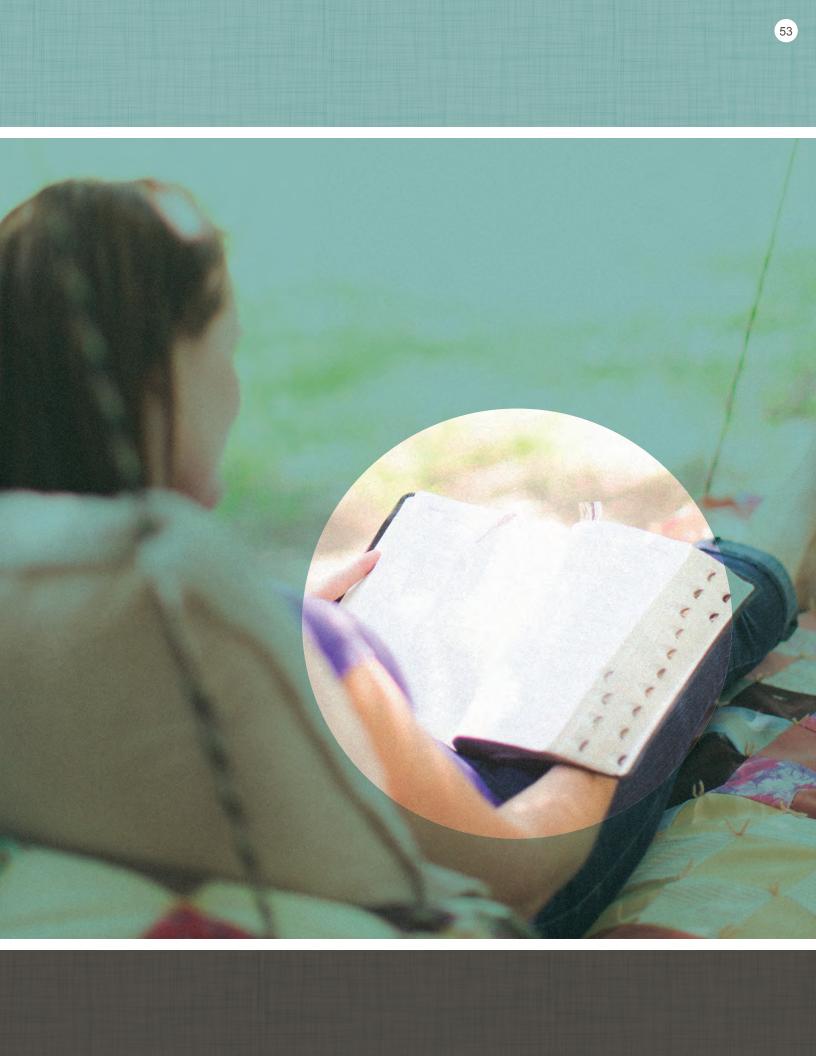
Something's Missing

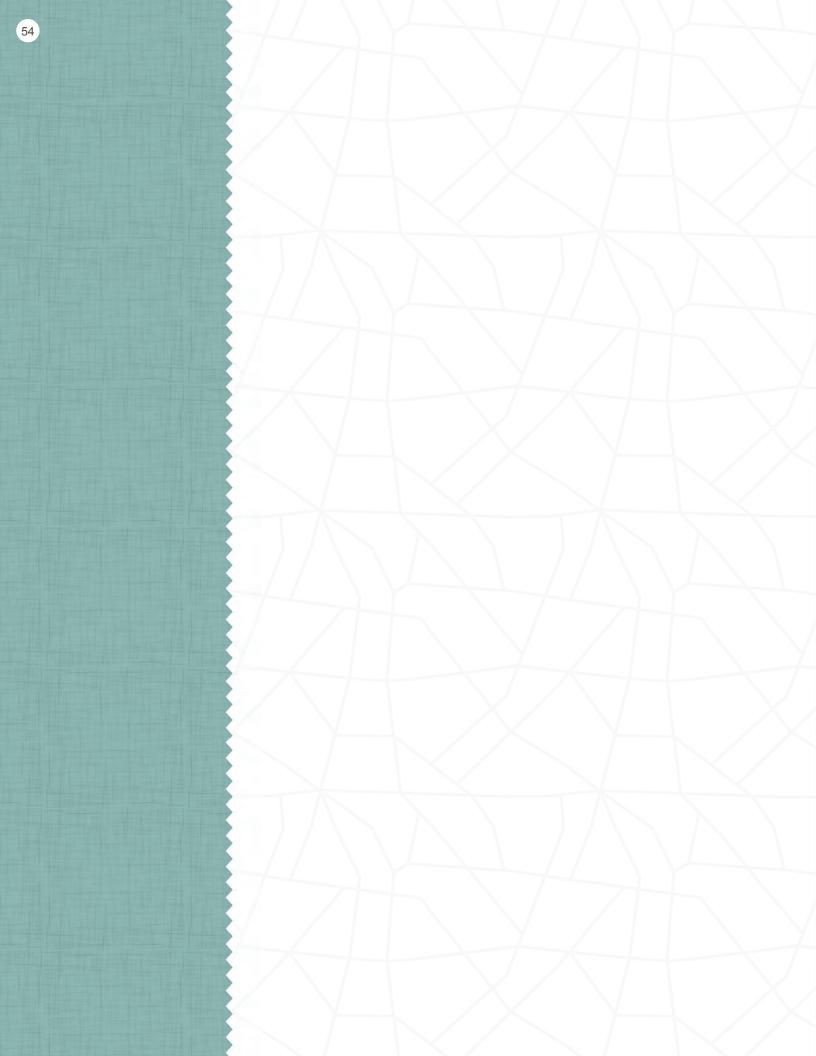
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| NEW REALITI | ES | |
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| Something's m | issing alright, and it's | not just that we don't know our |
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| vve re missii | ng the ability to | ourselves. |
| We're also r | nissing | /· \ |
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| | | /(Mark 9:24). |
| | | |





Enjoying God





Enjoying God

In commanding us to worship Him, God is inviting us to enjoy Him. —C.S. Lewis

Begin each day of study with prayer:

"I will extol You my God, O King, and I will bless Your name forever and ever. ²Everyday I will bless You, and I will praise Your name forever and ever. ³Great is the Lord and highly to be praised, and His greatness is unsearchable. ⁴One generation shall praise Your works to another and shall declare Your mighty acts. ⁵On the glorious splendor of Your majesty and on Your wonderful works, I will meditate (Psalm 145:1-5)."

"Lord, use this lesson to teach me how to worship You and how to grow into the likeness of Your Son Jesus. You are worthy to receive all praise and glory and worthy to be followed. In Jesus' Name. Amen."

Now, let's continue to search the Bible to answer the question, How do we glorify God (honor and reflect His character)? In this chapter we will explore two ways: through worship and growth into Christlikeness.

GLORIFYING GOD THROUGH WORSHIP

Think about the first image that comes to mind when you read the word "worship." What does it mean to you? Singing songs in church on Sunday? Listening to a worship CD? Thinking about God and praying? For me, worship means all that and much more.

The first time "glorify" appears in scripture, God's people are praising Him at a nationwide celebration to dedicate the temple to the Lord. The temple had been under construction for eleven years.

1 Read 2 Chronicles 5:3-7, 12-14 to grasp the significance of the temple dedication. Notice especially the words used to glorify God in verse 13. Underline the key words in that verse.



Glorify: /glôrəfī/ verb. reveal or make clearer the glory of (God) by one's actions. ³All the men of Israel assembled themselves to the king at the feast, that is in the seventh month. 4Then all the elders of Israel came, and the Levites took up the ark. 5They brought up the ark and the tent of meeting and all the holy utensils which were in the tent; the Levitical priests brought them up. 6And King Solomon and all the congregation of Israel who were assembled with him before the ark, were sacrificing so many sheep and oxen that they could not be counted or numbered. ⁷Then the priests brought the ark of the covenant of the Lord to its place, into the inner sanctuary of the house, to the holy of holies, under the wings of the cherubim... ¹² and all the Levitical singers, Asaph, Heman, Jeduthun, and their sons and kinsmen, clothed in fine linen, with cymbals, harps and lyres, standing east of the altar, and with them one hundred and twenty priests blowing trumpets ¹³in unison when the trumpeters and the singers were to make themselves heard with one voice to praise and to glorify the Lord, and when they lifted up their voice accompanied by trumpets and cymbals and instruments of music, and when they praised the Lord saying, "He indeed is good for His lovingkindness is everlasting," then the house, the house of the Lord, was filled with a cloud, 14so that the priests could not stand to minister because of the cloud, for the glory of the Lord filled the house of God.

The term "lovingkindness," a covenant-keeping word whose literal meaning is the "compassion or goodness of God," is used again in Hosea 2:19-20:

¹⁹I will betroth you to Me forever; yes, I will betroth you to Me in righteousness and in justice, in lovingkindness and in compassion, ²⁰and I will betroth you to Me in faithfulness. Then you will know the Lord.

This passage clearly illustrates marriage between God and His people.

During this time frame, betrothal (an engagement period) was considered as binding as marriage. To break a betrothal was the same as divorcing. The spiritual meaning of lovingkindness runs far deeper than the compassion or goodness of God because, as in marriage and betrothal, it reminds us that we are spoken for. We are not our own!

Betroth:
/betroTH,-troTH/ verb.
to promise to give in

We are to glorify God by worshiping Him *in spirit*. The message for us is clear. Like our spiritual ancestors, we are to glorify God by worshiping Him *in spirit*.

6 In Revelation 3:15-16, what made God want to spit out of His mouth the church of Laodicea?

¹⁵I know your deeds, that you are neither cold nor hot; I wish that you were cold or hot. ¹⁶So because you are lukewarm, and neither hot nor cold, I will spit you out of My mouth.

Is your relationship with God hot, cold or lukewarm? To know, ask yourself, Do I enjoy spending time with God? Using a scale from 1 to 10, with 1 being cold and 10 being hot, how would you score yourself? Score:

Explain.

God's desire for us to worship Him in spirit implies that we are to relate to Him with our emotions, not with our intellect alone. As a new believer, I labored under the false belief that my emotions did not matter to God.

I've often heard well-meaning Christians say:

"God is not interested in my happiness; He just wants me to obey."

"God is not concerned with my feelings, just my character."

"We walk by faith and not by feelings."

"Love is action; it's doing loving things regardless of how I feel."

While it's true that obedience, character, faith and love are important to God, the Bible also teaches that God indeed cares about our feelings.

8 What emotions does Jesus exhibit in the following situations?

¹²And Jesus entered the temple and drove out all those who were buying and selling in the temple, and overturned the tables of the moneychangers and the seats of those who were selling doves.

¹³And He said to them, "It is written, 'My house shall be called a house of prayer'; but you are making it a robbers' den" (Matthew 21:12-13).

Then He said to them, "My soul is deeply grieved, to the point of death; remain here and keep watch with Me" (Matthew 26:38).

Jesus wept (John 11:35).

9 Read John 17:13. Why did Jesus minister to His disciples as He did?

"But now I come to You; and these things I speak in the world so that they may have My joy made full in themselves."

Our capacity for emotions is one way we are created in the image of God. Indeed, our feelings matter very much to God.

WORSHIP IN TRUTH

At the first mention of "glorify" found in 2 Chronicles 5, the people worshiped God in spirit and "in truth." The words they used, "He indeed is good for His lovingkindness is everlasting," (2 Chronicles 5:13) reflect what is true of God. The word "lovingkindness" denotes the eternal faithfulness of a God who views His relationship with humanity as a covenant relationship—not unlike that of marriage—intimate and everlasting. God is faithful in His promise-keeping.

The English word *worship* was originally spelled "worthship" and means to acknowledge the worth of the object worshiped (*Ryrie Study Bible, John 4:24 study note*).

In *Don't Waste Your Life*, John Piper echoes the original meaning of the word "worship":

We waste our lives when we do not pray and think and dream and plan and work toward magnifying God in all spheres of life. God created us for this: to live our lives in a way that makes Him look more like the greatness and beauty and the infinite worth that He really is...This is what it means to be created in the image of God. We are meant to image forth in the world what He is really like.¹

The people at the dedication of the temple in 2 Chronicles reflected back to God the truth of who He really was and is—a faithful, good God who keeps His promises. We can do the same. The Bible is God's supernatural communication to His people, the resource for knowing Him as He truly is and, thereby, for worshiping Him as He truly is.

WORSHIP IS IMPORTANT

It took me a long time to understand that worship is important to God, but not for the reasons I once assumed. Early on as a believer, the notion that I should spend time telling God how great He is confused me.

Our feelings matter very much to God.

¹ John Piper, *Don't Waste Your Life* (Wheaton, Illinois: Crossway Books, a division of Good News Publishers, 2003), 32-33.

God Himself in Spirit form indwells believers, empowering us to win our daily battles and walk in newness of life. With each good choice, we look more and more like our heavenly Father. Our sanctification is a life-long process that involves all three members of the Godhead:

- · God the Father sent the Son.
- Jesus, after His ascension, gave us the gift of the Holy Spirit as our Helper.

If that wasn't enough, He gave us the Bible to teach us how to live. Throughout history, God has clearly done and is still doing His part.

OUR PART

What part do you and I play in the growth process? How do we cooperate with God? The apostle Paul tells us in Philippians 2: "Work out your salvation with fear and trembling; for it is God who is at work in you, both to will and to work for His good pleasure" (Philippians 2:12c-13).

What part of the work is ours, and what part is God's? What are we to work out, and Who is at work in us?

In his book *The Purpose-Driven Life*, Rick Warren comments on this particular passage:

This verse is not about how to be saved but how to grow...Christ-likeness is the result of making Christ-like choices and depending on His Spirit to help you fulfill those choices. Once you decide to get serious about becoming like Christ, you must begin to act in new ways. You will need to let go of some old routines, develop some new habits, and intentionally change the way you think. You can be certain that the Holy Spirit will help you with these changes...Spiritual growth is a collaborative effort between you and the Holy Spirit.⁵

God Himself
in Spirit form
indwells believers,
empowering us
to win our daily
battles and walk in
newness of life.

⁵Rick Warren, *The Purpose Driven Life* (Grand Rapids, MI: Zondervan, 2002), 180-181. Used by permission.

God has done and is doing His part; your part is exercising your responsibility to choose.

Growth is a collaborative effort. God has done and is doing His part; your part is exercising your responsibility to choose. Repeatedly in scripture, starting with Adam and Eve, God gives human beings options. To this very day, He doesn't choose for us. Unlike animals, humans have the ability to be self-aware, thus consciously choosing our behaviors, thoughts and actions. We don't have to be victims of mindless reactions. To grow, we must exercise our "terrible freedom," a term I use to describe the huge responsibility that comes with having free will. (Sometimes it seems like more of a burden than an incredible gift—but I'm thankful I'm not a robot!).

SELF-DISCOVERY: WHAT DO YOU DESIRE?

Continuing our self-discovery, we will now turn to an exercise that may offer insights into your current level of enjoyment of God. We will examine what we desire in eight categories of our lives, from our physical environments to our finances and spiritual growth. The goal is to be completely honest about your desires so that you can examine what is true of you and determine how best to use your "terrible freedom."

PART 1

What do you desire? In the categories that follow, list on the left side of the page what you want to accomplish or acquire in each area. As you list each and every desire—material, emotional, spiritual or relational desires/dreams—be clear and concise. For example: Under "Physical Environment," write "Organize closet in my bedroom" instead of writing the more general "I want to organize all of the closets in the house."

Before beginning, look over all the categories so you'll be better prepared to list your specific desires where they belong. List each item in single file down the left side. This will make it easier for you to do the next exercise. The Tournament of Desire.

DESIRES LISTS

Physical Environment (House/Yard/Car)

| Ca | raai | -/N/ | lin | istry |
|----|------|------|-----|--------|
| Ca | reei | /IV | Ш | IISU \ |

Family/Friends

Finances

Romance/Intimacy

Health/Self-Care

Hobbies/Leisure/Fun

Personal/Spiritual Growth

If you think of more desires in the coming days, add them to your list before you start the next exercise.

TOURNAMENT OF DESIRES

As you did with your values to arrive at your core values, you will play a similar tournament with your desires. Starting at the top of each category, visualize brackets for the first two items, and the next two, and so on down the list. Which of the two items wins as they compete for top priority in your mind? Write down the winner of each pair to the right of the pair, all the way down each list, as shown in the following example. Occasionally, two desires may tie—you want them both equally. If so, bring both items forward to compete in the next round. Keep playing tournaments with the winners of the previous round until you arrive at the top three priorities for each category.



WHAT DO YOU DESIRE MOST?

Playing the Tournament of Desires should help to clarify your priorities and deepen your self-awareness. Record your top desires in each of the categories:

MY TOP DESIRES ARE:

Physical Environment:

Career/Ministry:

Family/Friends:

Finances:

Romance/Intimacy:

Health/Self-Care:

Hobbies/Leisure/Fun:

Personal/Spiritual Growth:

16 What did you learn about yourself from this exercise?

Because I'm not a detail-oriented person, I didn't want to do my Desires List. Once I put my pen to paper, however, I actually enjoyed the process. Why? First, it felt good to give myself permission to think and write about what I desire instead of only about what I need.

In some Christian circles, personal introspection is discouraged or considered self-centered. I used to think that women who wanted to grow in Christlikeness shouldn't focus on their own desires. Now I understand the great difference between self-centeredness and self-awareness. By giving myself the freedom to want, I moved a step closer to knowing who I am.

Second, I realized that many of my desires—material, spiritual and relational-were good things, worthy and honorable, and some easily attainable. If these desires were within my reach, why shouldn't I go after them? As my wants became clear, I found I had the energy and motivation to pursue them. I was inspired in ways I'd never been before. An important lesson emerged: Clarity motivates and energizes.

YOUR FAVORITE VERBS

From the list of verbs below, circle those that appeal to you the most, those that best describe what you enjoy doing and those you are naturally drawn to do. Then, choosing from those verbs you circled, place a star by your favorites. Add any verbs not included in the list which best describe you.

| Achieve | Buy | Compromise | Draw |
|------------|-------------|-------------|-------------|
| Aid | Calculate | Contemplate | Empower |
| Anticipate | Call | Cooperate | Encapsulate |
| Arrange | Care | Create | Enclose |
| Articulate | Coach | Dance | Encourage |
| Attend | Collaborate | Define | Endure |
| Be present | Collect | Develop | Enjoy |
| Begin | Communicate | Dig | Enlighten |
| Boil down | Compete | Direct | Entice |
| Build | Complete | Do | Equip |
| | | | |

Clarity motivates and energizes.

| Evangelize | Learn | Persuade | Shepherd |
|----------------|-----------------|-----------|-------------|
| Excite | Light | Plan | Shop |
| Execute | Listen | Plant | Show |
| Exercise | Live | Play | Sing |
| Explain | Look | Praise | Solve |
| Figure out | Love | Pray | Speak |
| Find | Maintain | Question | Start |
| Fix | Make | Read | Strive |
| Follow | Manage | Reduce | Study |
| Follow through | Meditate | Repair | Stumble |
| Give | Meet challenges | Represent | Take |
| Go | Move | Research | Talk |
| Grow | Negotiate | Respond | Teach |
| Guide | Network | Risk | Tell |
| Hear | Offer | Run | Test |
| Help | Order | Search | Thrive |
| Imagine | Organize things | See | Touch |
| Inspire | Outsource | Sell | View |
| Join | Paint | Send | Walk |
| Label | Participate | Serve | Walk beside |
| Laugh | Piece together | Sew | Worship |
| Lead | Persevere | Share | Write |
| | | | |

Write your favorite verbs in the spaces provided below. Beside each verb, explain why it appeals to you.

1

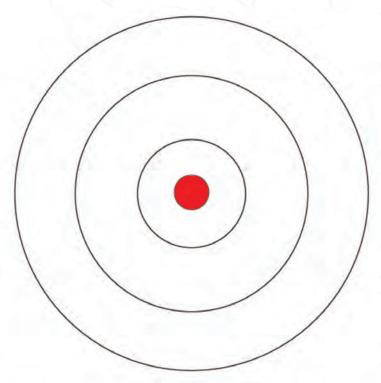
2.

3.

4.

5.

As we've seen in this lesson, all believers are to glorify God through Worship and Growth into Christlikeness. We will explore the final two ways, through Love and Service, in the next lesson. To help you visualize the four ways Christians are to glorify God, label the rings of the Target below by writing Worship in the outermost ring, then Growth, then Love and Service together in the innermost ring. Remember, the Bull's Eye represents your Specific Purpose, the unique way you as an individual are to glorify God. It rests in the center of our Shared Purpose.



SUMMING UP

- Jesus desires for us to worship God in spirit and in truth—with heartfelt emotion that reflects back to Him the truth of who He really is.
- Our capacity for emotions is one way we are created in the image of God.
- We also are to worship God through growth into Christlikeness.
- Our growth is a collaborative effort. God has done and is doing His part. Our part is exercising the responsibility to choose.
- · Clarity motivates and energizes.

Coming up: Two final ways that we are to glorify God—through love and service.



LESSON THREE VIDEO MESSAGE NOTES

Enjoying God: Blocked by Self-Rejection

Self-Rejection-______ we believe about ourselves.
The _______.
Contradicts the voice of God that calls us His ______.
Paralyzes us with self-focused _____.
The ______.
Paralyzes us with self-focused _____.
The ______.
Contradicts the voice of God that calls us _____.
Paralyzes us with self-focused _____.
Paralyzes us with self-focused _____.

Let your heart take courage—Psalm 31:24